



Trauma-Informed Compassion Across Cultures

Develop skills in collective trauma-informed compassion, cultural humility, community building, and communication.

This **FREE** online training will help learners:

- Understand collective loss and trauma-informed ways to support collective healing.
- Deepen understanding of cross-cultural considerations and lead communications across differences.
- Learn and practice skills necessary for effective engagement across cultural differences.
- Understand and practice awareness, presence, and cultural humility, reducing barriers to cross-cultural encounters.

Offering 2 virtual sessions:

April 1, 2022 & April 8, 2022 • 9:00 a.m. - 1:00 p.m.

Space is limited, registration required at: <http://www.midcoasthealth.com/compassion-across-cultures/>

Featured presentations by:

Marie Sheffield, LCPC

Associate Professor at University of Southern Maine and Co-Developer of Bridge to Belong Consulting

Tatyana Fertelmeyster, LCPC

Founder of Connecting Differences, LLC



Mid Coast
**Center for Community
Health & Wellness**

MaineHealth