



Let the healing begin!

A Substance Abuse Support Group *for Families*

This new Outpatient Support Group is open to anyone affected by the substance abuse of a loved one. Our meeting provides a place for affected others to come together to learn the importance of self-care as well as ways to help those in their lives who struggle with addiction. Behavioral health clinicians from MID COAST HOSPITAL'S Addiction Resource Center will facilitate the group.

Meetings

5:00-6:30 p.m.

Every Thursday beginning in February

**Addiction Resource Center
66 Baribeau Drive, Suite 5, Brunswick**

Know that you are not alone. 

For more information, call 373-6950.



MID COAST HOSPITAL
Addiction Resource Center

www.midcoasthealth.com/addiction